

Veldindeling trainingen in het seizoen 2025 -- 2026 2.0

Maandag																																				
3A1 3A2 3B1 3B2				2A1 2A2 2B1 2B2				HA1 HA2 HB1 HB2				RA1 RA2 RB1 RB2				S1	S2	S3	TRS																	
* JO12 roulatie voor remu veld - ** MO15-1 en JO14-2 even / oneven remu veld																																				
*** JO13-3 en JO13-4 even / oneven remu veld																																				
15.45																																				
16.00																																				
16.15																																				
16.30																																				
16.45																																				
17.00	17.00-18.00 afdeling				17.00-18.00 afdeling				BSO/SKDD 14.00 - 18.30				17.00-18.00 JO10 afdeling				BSO de linnen op remu veld 14.00 - 18.30																			
17.15																																				
17.30																																				
17.45																																				
18.00	18.00 MO11-1	*18.00 JO12-4		*18.00 JO12-5	*18.00 JO12-6	18.00 JO11-1	18.00 JO11-2	18.00 JO11-3	18.00 JO11-4					*18.00 JO12-1	*18.00 JO12-2	*18.00 JO12-3																				
18.15																																				
18.30										18.30 JO13-1				18.30 JO13-2				***19.00 JO13-3				**19.00 MO15-1				18.30 Keepers advanced										
18.45																																				
19.00	19.00 MO13-2				19.00 MO13-1				***19.00 JO13-4				**19.00 JO14-2				18.30 JO13-1				18.30 JO13-2				***19.00 JO13-3				**19.00 MO15-1				18.30 Keepers advanced			
19.15																																				
19.30	20.00 MO17-1				20.00 JO16-1				***19.00 JO13-4				**19.00 JO14-2				18.30 JO13-1				18.30 JO13-2				***19.00 JO13-3				**19.00 MO15-1				18.30 Keepers advanced			
19.45																																				
20.00	20.00 MO17-1				20.00 JO16-1				***19.00 JO13-4				**19.00 JO14-2				18.30 JO13-1				18.30 JO13-2				***19.00 JO13-3				**19.00 MO15-1				18.30 Keepers advanced			
20.15																																				
20.30	20.00 MO17-1				20.00 JO16-1				***19.00 JO13-4				**19.00 JO14-2				18.30 JO13-1				18.30 JO13-2				***19.00 JO13-3				**19.00 MO15-1				18.30 Keepers advanced			
20.45																																				
21.00	20.00 MO17-1				20.00 JO16-1				***19.00 JO13-4				**19.00 JO14-2				18.30 JO13-1				18.30 JO13-2				***19.00 JO13-3				**19.00 MO15-1				18.30 Keepers advanced			
21.15																																				
21.30	20.00 MO17-1				20.00 JO16-1				***19.00 JO13-4				**19.00 JO14-2				18.30 JO13-1				18.30 JO13-2				***19.00 JO13-3				**19.00 MO15-1				18.30 Keepers advanced			
21.45																																				
22.00	20.00 MO17-1				20.00 JO16-1				***19.00 JO13-4				**19.00 JO14-2				18.30 JO13-1				18.30 JO13-2				***19.00 JO13-3				**19.00 MO15-1				18.30 Keepers advanced			
22.15																																				
22.30	20.00 MO17-1				20.00 JO16-1				***19.00 JO13-4				**19.00 JO14-2				18.30 JO13-1				18.30 JO13-2				***19.00 JO13-3				**19.00 MO15-1				18.30 Keepers advanced			

Dinsdag																				
3A1 3A2 3B1 3B2				2A1 2A2 2B1 2B2				HA1 HA2 HB1 HB2				RA1 RA2 RB1 RB2				S1 S2 S3 TRS				
15.45																				
16.00																				
16.15																				
16.30																				
16.45																				
17.00					17.00-18.00 Techniektraining				BSO/SKDD 14.00 - 18.30				BSO/de geheime tuin 14.00 - 18.30							
17.15				18.00-19.00 Techniektraining																
17.30																				
17.45																				
18.00																				
18.15																				
18.30																				
18.45																				
19.00	19.00 JO19-2		18.45 JO14-1		Veld vrijmaken				18.45 JO17-1		18.45 JO19-1		19.15 G-Team juniores							
19.15							19:15 G-Team Seniores													
19.30																				
19.45																				
20.00								uitzetten 2												
20.15	20.15 ZA5		20.00 VR 1		20:15 ZA2		20:15 ZA4		20.15 - 22.00 ZA1		keepers									
20.30																				
20.45																				
21.00																				
21.15																				
21.30																				
21.45																				
22.00																				
22.15																				
22.30																				

Woensdag																			
3A1 3A2 3B1 3B2				2A1 2A2 2B1 2B2				HA1 HA2 HB1 HB2				RA1 RA2 RB1 RB2				S1	S2	S3	TRS
* JO13-1 en-2, JO13-3 en-4 even / oneven voor remu veld																			
15.30	15.30-16.30 Mini's							Walking Football											
15.45																			
16.00																			
16.15																			
16.30	uitzetten circuit training			uitzetten circuit training															
16.45																			
17.00	16.45--17.45			16.45-17.45															
17.15	JO8 + JO9 afdeling			JO10 afdeling															
17.30																			
17.45	Wissel circuit training			Wissel circuit training															
18.00	18.00--19.00 JO12 afdeling			18.00 -19.00 JO11/MO11 afdeling				18.00	18.00										
18.15								JO13-3*	JO13-4*	18.00	18.00	17.15	Keepers training jeugd						
18.30										JO13-1 *	JO13-2*								
18.45																			
19.00	19.00 MO15-1	19.00 MO13-2		19.00 JO12-1	19.00 JO12-2	19.00 JO14-2													
19.15									19:00 JO15-1	19.00 JO15-2									
19.30																			
19.45																			
20.00																			
20.15																			
20.30																			
20.45	20:15 ZA4	20.00 MO17-1		20:15 ZO3		20:15 ZA6	20.15 JO16-1												
21.00																			
21.15																			
21.30																			
21.45																			
22.00																			
22.15																			
22.30																			